If Not For This
by Pete Fromm

Diagnosed with MS just as her adult life begins, Maddy faces life, family challenges and milestones with an ever deteriorating body and a fierce sense of humor. Through her distinct—and very stubborn—voice, Fromm tells a story of the things that weigh us down and the drive to lift those things, even when we know it's not possible.

PNBA 2015 Book Award Winner

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