



Tides: The Science and Spirit of the Ocean by Jonathan White

Surfer, sailor and conservationist Jonathan White has crafted a lyrical tribute of science, history and travel tales that elucidates how the cycle of life on Earth maintains a steady beat with the ebb and flow of the tide—and what's at stake when the ocean's rhythm is disrupted by climate change. A captivating read peppered with detailed interviews, photographs, illustrations, and diagrams.

PNBA 2018 Book Award Winner

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